College of Health and Human Development

Top 20 Public Schools in the Western United States.

U.S. News & World Report

COLLEGE OF HEALTH AND HUMAN DEVELOPMENT
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Making life better for others is the common element among our disciplines and activities in our nine academic departments and eight community-focused centers. Health and Human Development students, faculty and professionals study well-being through research, education and action.

At the undergraduate and graduate levels, we’re improving environments from the atmosphere in workplaces to the water and air quality of our planet. We’re informing personal and family development; increasing wellness; helping survivors of trauma and injury; and discovering opportunities for early intervention. We are improving health care and enriching understanding of the roles of nutrition, physical activity and recreation.

If you’re here as a student, we want you to know that we will support you through your degree program with informed efficiency. Advising will keep you on track and open doors to mentorship opportunities as you explore your academic life. Service learning, internships and community involvement will help you graduate with real-world experience to take with you into your profession.

We encourage diversity, curiosity, academic development, community engagement and professionalism. The process of earning an academic degree is transformational, and the faculty, staff and I are excited about the opportunities you’ll find with us.

— Farrell J. Webb, Ph.D.
Dean, College of Health and Human Development
With over 7,000 students enrolled in the college of health and human development …

Like the larger campus, students in the college stem from broad points of origin. From the first-time international student to the full-time midcareer professional, the college’s student body is a beacon of global diversity. It is a place where passion meets purpose and where students meet the world.

… in 9 departments …

The college offers a superior selection of courses, methods and disciplines in nine distinct departments: Child and Adolescent Development, Communication Disorders and Sciences, Environmental and Occupational Health, Family and Consumer Sciences, Health Sciences, Kinesiology, Nursing, Physical Therapy and Recreation and Tourism Management.

… all at CSUN.

At CSUN, success is no accident. It’s not an outlier or a mystery. It’s what happens when the student takes priority: success simply follows. And what better place than Los Angeles to find further success. Some of the greatest minds in fashion, technology, entertainment, health care and academia call the city home. And many – from astronauts to movie stars – got their start at CSUN.

The journal Nature named CSUN a rising star in research in 2016. It listed the university as one of North America’s top 25 institutions for research publications. We placed alongside Stanford, Columbia and the University of Pennsylvania, but we stand out as California’s sole public higher education institution to make the list.

This ranking tells you who we are and where we stand. We invite you, in the coming pages, to see what lies ahead and where you can go with CSUN.
In the Department of Child and Adolescent Development (CADV), students learn to understand and address the needs of young people. Doing so means studying the theories, concepts and phenomena related to the development of individuals and social systems, with a focus on birth through adolescence.

The department offers two distinct options of study: Applied Developmental Science and Early Childhood Development. Both include curricula on the wide range of familial, biological, societal, cultural, physical, ecological, political and historical settings of human development.

What’s more, CADV students benefit from the department’s many connections to leaders in the field. These partnerships, some going back decades, put students in close contact with potential mentors and future employers.

Even before graduation, the department offers students internships and service learning experiences at institutions such as Children’s Hospital Los Angeles and Jump Start Early Literacy.

A number of scholarships are also available through the department’s alumni chapter. These include the generous endowment of Dr. Carol S. Kelly as well as the Nedjat Gabbaie Scholarship. Students are awarded these scholarships based on their unique interests or qualifications. Some focus on community involvement and leadership, while others target learning disabilities or first generation college students.

CADV graduates work in government, hospitals, public and private school systems, after school programs, and youth centers.
COMMUNICATION DISORDERS AND SCIENCES

EDUCATING TOMORROW’S SPEECH, LANGUAGE AND HEARING PROFESSIONALS

The Department of Communication Disorders and Sciences has a three-dimensional mission of teaching, research and service for the advancement of human potential in speech, language and hearing.

Students in the department study the disciplines of speech and hearing sciences, audiology and speech-language pathology. Courses feature both classroom instruction and experiential learning, including participation in the clinical programs of CSUN’s Language, Speech and Hearing Center. This center evaluates and treats more than 12,000 people a year who struggle with communication issues, including speech, hearing and the ability to share emotions.

Of particular note is the department’s Master of Science in Communicative Disorders. This master’s degree, offered in collaboration with CSUN’s Tseng College, is delivered fully online, and features practicum options at sites within each student’s community. The program received the Outstanding Achievement Award from the University Professional and Continuing Education Association (UPCEA).

The department also hosts an annual summer bootcamp, where current and future speech-language pathologists explore pediatric and adult language disorders. Students at the event often forge valuable networking relationships, which may culminate in job placements and other exciting professional opportunities.
ENVIRONMENTAL AND OCCUPATIONAL HEALTH

BUILDING A BETTER WORLD, ONE GRADUATE AT A TIME

The Department of Environmental and Occupational Health (EOH) explores the connections between the environment and human health. Whether it’s reducing pollution and waste, or addressing unsafe food and water, the department drives environmental progress and promotes health, safety and sustainability.

With well over 200 majors, the department is the largest accredited EOH program in the nation. Its hands-on approach introduces students to the field’s most important work – early and often. In applied settings, EOH students explore the chemical, physical and biological factors that affect human health and environmental quality.

At CSUN’s annual Technical Symposium, for instance, EOH students join faculty and leading experts to discuss technological solutions to Southern California’s many environmental challenges. Events like these offer students important inroads to the EOH community, including connections to some of the best agencies in the field, such as the American Society of Safety Engineers, American Water Works Association and the American Industrial Hygiene Association.

EOH graduates go on to a variety of professional roles, including environmental health specialists, consultants to governments and industries, industrial hygienists, safety engineers, loss control representatives and more.

Through the “Student-to-Scientist Bridge Program,” Dr. Nola Kennedy, professor of environmental and occupational health, inspires greater participation in occupational health research and prepares students for advanced education.
FAMILY AND CONSUMER SCIENCES

THE PEOPLE PROFESSION

In the Department of Family and Consumer Sciences, students learn to enhance quality of life for individuals, families and communities. The scope involves everything from what we buy and what we wear to how we help those most in need.


Students explore the relationships among people and their environments. They also examine the impact of physical, biological and social factors on human behavior and development.

The department offers on-campus internships at the Klotz Student Health Center and other great university locations. These applied internships allow students to practice in real-world settings, alongside those already in the field. They’re also an excellent opportunity to find mentors and form professional connections.

In 2016, alumna Frida Herrera, a recipient of the Clinton Global Initiative’s University Fellowship, organized the successful Let’s Grow Healthy community garden program. The program, based largely on hands-on training Herrera received in the department, helps decrease childhood obesity and promote healthy eating habits in underserved neighborhoods.

For more than three decades, the TRENDS Student Fashion Show has provided students with professional level experience in design, marketing and show production.

Students Rina Velasco and Michelle Sima placed 1st and 3rd at the recent International Interior Design Association’s Design Charrette.
HEALTH SCIENCES

BETTER LIVING THROUGH BETTER CHOICES

In the Department of Health Sciences, students gain the skills and knowledge needed to promote health, prevent disease and practice in clinical settings.

The department explores the health of individuals and populations, focusing on the factors that influence human wellness. Its programs include Health Administration, Public Health, and Radiologic Sciences.

In addition to classroom activities, health sciences students get clinical experience at major health care institutions. At the Northridge Hospital Medical Center, for instance, students help doctors and nurses with administrative operations, community education and other important work. Through CSUN’s Institute for Community Health and Wellbeing, students use education and outreach to help people and communities make better, more informed health care decisions.

Students in these environments have an immediate impact on those they serve – from children and the elderly to administrators, nurses and communities. Coupled with the department’s sound academic curricula, this clinical experience can lead to successful job placements in the health care sector.
KINESIOLOGY

AT THE FOREFRONT OF HUMAN MOVEMENT

Kinesiology students explore the art and science of human movement. From dance and physical education to applied fitness studies, athletic training and exercise sciences, this department keeps people, and careers, in motion.

Community programs play a large part in kinesiology’s curricula. Designed to balance academic study with real-world interactions, these programs put students in touch with those seeking healthier and more active lifestyles.

A good example of this is Commit To Be Fit, a community exercise program led entirely by kinesiology students. In the program, CSUN’s students, faculty, staff and community members engage in fun fitness and nutrition activities.

CSUN boasts the newest and most comprehensive fitness facilities in the CSU system. The Student Recreation Center (SRC), for instance, is a 138,000-square-foot, state-of-the-art facility, built for both the university and the surrounding community. Not only is the SRC a hub of campus activity, but it ranked in the “20 Most Impressive College Gyms and Student Centers” by BestValueSchools.com.

CSUN’s Center of Achievement is another key department resource. Using both land-based and aquatic options, this center offers exercise programs to help individuals with physical disabilities. Students receive training in fields related to health and rehabilitation at the center, which is also a model for other institutions to follow.

Additionally, kinesiology’s dance program, which focuses on the psychophysiological effects of dancing, is recognized as one of the top dance science tracks in the country.
NURSING

A LEGACY OF CARING

For decades, CSUN's Department of Nursing has delivered the essential knowledge and leadership skills needed to succeed in the health care sector.

Its innovative programs – including an RN to BSN, Accelerated Bachelor of Science in Nursing (A-BSN) and a Public Health Nurse Certificate – are geared specifically to the needs of urban and suburban communities. All course work is tailored for the health care sector, with content covering human development, assessment skills, theories of nursing, ethics, as well as current issues in the field.

The university works with various partners in the health care industry – from major hospitals to smaller, community-based clinics – to find the right placement for each student. These opportunities prepare students to work in a variety of health care settings and ingrain a deep, firsthand understanding of the field's practices and principles.

Nursing graduates go on to careers as direct care providers, school nurses, public health nurses, managers, staff educators and clinical instructors in schools. Others pursue graduate degrees and become nurse anesthetists, nurse practitioners, faculty, administrators and clinical specialists.
PHYSICAL THERAPY

HEALING THE BODY, ENRICHING THE MIND

The Department of Physical Therapy offers a doctoral program which trains students to evaluate and treat conditions resulting from injury, disease and other causes. One of three doctoral programs at CSUN, the DPT is at the forefront of physical therapy research, pedagogy and treatment. Its graduates enter the field as thought leaders, capable of guiding organizations, communities and health care professionals.

Along with theory and research, students use evidence-based practice to meet each client’s specific therapeutic needs. Part of meeting those needs is applying foundational sciences – anatomy, physiology, neurology and pathology – to clinical settings. The rest is the result of hands-on experience, acquired in practical environments with actual patients.

For example, at CSUN's Physical Therapy Center for Advanced Clinical Practice, students and faculty conduct research and perform public service. That involves, among other things, community outreach, education and treatment. With services in everything from orthopedics to computerized motion analysis, the center's range of therapeutic options are both current and extensive.

Also of note is the department’s annual ECLIPSE symposium. Now in its third year, ECLIPSE focuses on state of the art treatment and care for people with limb loss. Students and faculty from multiple CSUN departments attend the event, as well as alumni, community members, local support groups and people from across Southern California.

Graduates have the expertise to play vital roles in a number of settings, including outpatient clinics, rehabilitation facilities, nursing centers, schools, hospices, occupational environments, fitness centers and more.
RECREATION AND TOURISM MANAGEMENT

BE A PART OF THE ADVENTURE

The Department of Recreation and Tourism Management prepares students to enhance the quality of human life through recreation, leisure and play.

With more than 48 million annual visitors, L.A. tourism is an $118 billion industry, supporting more than 500,000 jobs in the leisure and hospitality sector. Accommodating that industry means training the next generation of recreation and tourism professionals, each equipped with the skills and mindsets needed to provide quality hospitality and leadership.

The department combines traditional academic activities with experiential learning. In class, students explore leisure and play theory, as well as event planning, leadership, management and hospitality. Out in the field, students complete practicum and internship experiences in various professional settings in the for-profit, government and nonprofit sectors.

Graduates pursue numerous careers within the recreation, human services, tourism and hospitality industries including positions as travel coordinators, hotel and hospitality managers, health club and spa managers, tourism destination specialists, convention coordinators, cruise ship directors, event planners, recreational sport and entertainment facility managers, entrepreneurs and more.
Student Involvement

With more than 300 student clubs and organizations, as well as popular seasonal activities, such as The Big Show and Mata Nights, it’s easy to see how CSUN students are so busy. The following is only a glimpse of the many possibilities:

- The **Assistive Technology Conference** is an annual gathering organized by the CSUN Center on Disabilities. The much-lauded event is the largest international event of its kind and has been going strong for 30 years.

- CSUN’s Tseng College, in collaboration with the College of Health and Human Development, offers a **Master of Science in Assistive Technology Studies and Human Services** where students learn how to help people with disabilities live more independently through the mastery of assistive technologies. This online program is the first of its kind in Southern California.

- CSUN has a long-standing commitment to student health and wellbeing. For example, in 2015, the university established the **Oasis Wellness Center**. Located at the University Student Union, this facility offers yoga, nap pods, group classes, massages and acupuncture to students, staff and faculty.

- In 2016, CSUN launched **CSUN Innovates!**, an initiative to stimulate increased innovation, creativity and entrepreneurship. This program hopes to continue to support the enthusiasm that exists on campus for original thinkers.

Student Clubs and Organizations

- 3 Wins Fitness Program (with local parks across So Cal)
- CSUN Athletic Training Club
- CSUN National Student Nurses’ Association (NSNA)
- CSUN Pre-Physical Therapy Club
- Child and Adolescent Development Association (CADA)
- Environmental & Occupational Health Student Association (EOHSA)
- Family and Consumer Sciences Kappa Omicron Nu Honor Society
- Gerontology Society
- Graduate Student Association for Health Administration (GSAHA)
- Health Administration Student Association (HASA)
- Health Education Student Organization (HESO)
- International Interior Design Association (IIDA)
- Kinesiology Major’s Club (KMC)
- Master of Public Health Student Association (MPHSA)
- National Student Speech Language Hearing Association (NSSLHA)
- Radiologic Sciences Student Association (RSSA)
- Student Dietetic & Food Science Association (SDFSA)
- TRENDS Student Fashion Organization
- Tourism, Hospitality, Recreation Management Association (THRMA)
There’s a reason the world flocks to Los Angeles – and it’s not just the year-round sunshine. One look at the city is enough to convince anyone that a life spent here is more aptly called an investment. That’s because what’s available already – a booming tech sector, a thriving business community and a legendary entertainment industry – is only half the story. The rest is in a future still being written by the prominent institutions that call the city home.

In the Hollywood Hills, removed from the busy city below, is the iconic Griffith Observatory. Inside, stars, planets and other celestial bodies project upon the planetarium’s aluminum dome, and outside, from the terrace, is an exquisite view of Los Angeles.

On Hollywood’s Sunset Boulevard, from its new 92,000-square-foot, five-story headquarters, video streaming giant Netflix broadcasts its exclusive digital content.

South of downtown, in Inglewood, the city is building a new home for the Los Angeles Rams. This 80,000-seat stadium, dubbed “NFL Disneyland” for its massive size, will include a 6,000-seat performance venue, more than 1.5 million square feet of retail and office space, 2,500 homes, a 300-room hotel and 25 acres of parks.

The venue also played a huge part in the International Olympic Committee’s decision to award Los Angeles the 2028 Summer Olympic Games.

On downtown’s Grand Avenue, in its dazzling $140 million building, the Broad Museum houses the world’s largest collection of postwar and contemporary art. More than 2,000 pieces, collected from artists worldwide, fill the building’s three-story gallery space.

Just few miles from the Los Angeles International Airport (LAX), Elon Musk and his fleet of Mars-minded engineers are busy at work in SpaceX’s Hawthorne headquarters. There, among many other projects, the private aeronautics company designs and manufactures re-usable rocket technology in a bid to revolutionize space travel.

Los Angeles is also home to some of the nation’s finest medical centers, including Cedars-Sinai and Children’s Hospital LA, and Kaiser Permanente.
And, of course, at CSUN’s stunning performing arts center, The Soraya, visitors can attend world-class productions of live theatre, music and dance. The Los Angeles Times recently cited the $125 million, 1,700-seat theatre as “a hub for live music, dance, drama and culture.”

These institutions, among countless others, are within close reach of CSUN’s Transit Center. On the city’s fleet of clean-air buses or via the vast subway system, visitors and students have easy public access to the region’s many cultural assets.

With the fifth-largest economy in the world, California more than lives up to its ‘Golden State’ promise. And L.A. plays no small part in that. Behind the city’s glistening, rosy exterior are some of the planet’s highest per capita earners – both personally and commercially.

The health care industry alone employs more than 650,000 people in L.A. County. That’s one in every eight jobs.

And that’s not counting the 87,000+ who work in the fashion sector. Responsible for more than $60 billion in economic impact, L.A.’s footprint on the industry is clear. And with a fashion district spanning 90 square blocks, so is its physical presence.

It’s no wonder the tech industry is positioning itself so aggressively in the region. Getting in now means taking advantage of resources only bound to grow. Of the nearly 700 tech firms in Los Angeles, 86 percent are located in Santa Monica’s “Silicon Beach.” Among them are Snapchat, Hulu, and TrueCar, as well as Google, YouTube and Facebook.

And even better, being a CSUN student means being a part of it – all of it. From the big name places, like Hollywood and Santa Monica, to the big name people, like Elon Musk and Eli Broad, it’s all just part of the territory. There is no place better to get a degree than in an environment built on big city excitement and possibility.
CAREERS THAT MAKE A DIFFERENCE

The U.S. Bureau of Labor Statistics expects Health and Human Development job growth to exceed 22% by 2022. That’s the highest rate of any profession.

And these aren’t just any jobs. They protect water systems, care for the sick, provide peace of mind to the consumer, make places safer to play, beautify our living spaces and bring the injured back to full enjoyment of life.

With CSUN’s outstanding post-secondary graduation rate, a degree from HHD benefits the student and the world they serve.

Together, Health and Human Development students, faculty, staff and community improve the quality of life for others through research, education and action.

Career Options

The College of Health and Human Development equips students with the professional skill set and hands-on training they need to succeed in today’s exciting, global market.

Business
- Consumer Advocate
- Fashion Designer/Apparel Merchandiser
- Food Scientist
- Hospitality/Event Planner
- Interior Designer
- Market Researcher

Education
- Early Intervention Specialist for Children
- Preschool Director
- Teacher

Fitness and Well-Being
- Adaptive Therapeutic Exercise Specialist
- Athletic Trainer
- Coach
- Dance Instructor or Professional Dancer
- Recreation Director
- Travel and Tourism Coordinator
- Personal Trainer

Health Care
- Diagnostic Imager (X-ray/MRI)
- Health Care Administrator
- Nurse
- Physical Therapist
- Registered Dietician or Nutritionist
- Speech Pathologist/Speech Therapist
- Audiologist

Human Services
- Autism Spectrum Disorder Specialist
- Child and Family Counselor
- Environmentalist
- Food Safety Inspector
- Long-term Care Facility Director
- Social Director
- Occupational Safety Specialist
- Risk Management Specialist
- Youth or Family Advocate
- Assistive Technology and Human Services Professional
CSUN Alumni

When students graduate from CSUN, they join an extensive network of alumni — in California, across the nation and around the globe — who thrive on helping other Matadors find personal and professional success.

Diane Manzella ('72, Communication Disorders and Sciences) established Gardner Manzella, Inc., one of the first private speech pathology clinics in the U.S. The innovative practice grew to employ 350 people, including many CSUN graduates. Manzella was honored with the CSUN Distinguished Alumni Award in 2014 for her outstanding work for her alma mater and her community.

Cliff Spencer ('84, Recreation and Tourism Management) is Superintendent of Mesa Verde National Park — the nation's largest archaeological preserve — and Yucca House National Monument in southwestern Colorado.

Diana Yassanye ('02, Child Development) works in the Centers for Disease Control, Office of Public Health and Preparedness, where she advocates for improved public health partnership outcomes and increased funding for public health security.

Jeff Vargo ('92, Physical Therapy) is the founder of Vargo Physical Therapy, a brand that's now widely recognized as a leader in the field. Known for its successful work with young athletes, the company now has nine locations across Southern California, many of them managed by CSUN alumni. Vargo also served on the Dean's Circle for the College of Health and Human Development, and he maintains a permanent place in the Department of Physical Therapy.
OUTSTANDING VALUE

By choosing CSUN's College of Health and Human Development, students receive an exceptional education from a highly respected leading California public university.

With more than 85 post-baccalaureate programs, including doctoral degrees and professional certificates, CSUN is now the fourth largest university in California.

According to the Social Mobility Index, CSUN students go on to graduate at higher rates and earn more as alumni than those from peer institutions.

Through CSUN's extensive working relationships with hospitals, agencies and major global businesses, students gain unique access to internships, job opportunities and other professional work.

The costs to attend CSUN are also moderate in comparison with similar programs from Southern California private universities or the University of California.

Students Outside California

Attending CSUN lets out-of-state and international students live the L.A. lifestyle as they earn the degree they need. And the best part is, by choosing CSUN, they can do it all from the comfort, safety and prestige of one of the nation's largest and most respected public universities.

Moreover, since Los Angeles ranked as the world's number one student city in 2017 by Times Higher Education, CSUN students can rest easy when it comes to what's out there. Because here, the answer is... Well, everything!

Accompanying the vast local culture is the institutional prowess of CSUN. Being a university of such size, the many resources at our disposal allow us to design programs and services that tap deeply into the student experience. That's as true for those from another state as it is for those from another country. Because it's not the “where” that matters to us – it's the student.

CSUN ranked number one in 2015/16 among peer institutions for the highest number of international students in the United States, with a total enrollment of more than 3,900. Along with students, the university hosts visiting scholars from institutions in China, India, Korea, Kuwait, Iran and more.

CSUN offers a distinct set of services, designed specifically to meet the needs of the international community. These programs include

- Intensive English and University Pathways (IEP)
- Semester at CSUN (SAC)
- English and Cultural Experience (ELCE)

In addition to receiving academic and administrative support, international students also gain access to free tutoring and can participate in cultural expeditions that enable them to experience life in Los Angeles more fully.
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<th>Program</th>
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<td>Tourism, Hospitality and Recreation</td>
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Information subject to change

Statement of Nondiscrimination and Disability Services Information: CSUN does not discriminate on the basis of age, color, disability, national origin, race, religion, sex, sexual orientation or veteran status, as monitored by the Department of Labor (Office of Federal Contract Compliance) and the Department of Education, or in violation of section 504 of the Rehabilitation Act of 1973 and the regulations adopted thereunder.

Students Needing Classroom Accommodations or Auxiliary Aids: Students requiring classroom accommodations should contact either the Center on Disabilities or the National Center on Deafness (for those who are deaf or hard of hearing) for assistance as soon as the decision to enroll has been made.